

# Opening up a new world after brain injury

Brain injury changes lives in an instant. Headway helps you get your life back. Our exciting new programme is your first step to navigating the future. Want to find out more? Come along to our free event with activities including inclusive games/exercises, music therapy and an emotional/mental well-being session:

**Saturday 21st September 2019 11am-1pm**  
Peatlands Park, 33 Derryhubbert Road,  
Dungannon, BT71 6NW

**Contact Pamela Bell for more information:**  
**07771 842 386 or e-mail [Pamela.bell@headway.org.uk](mailto:Pamela.bell@headway.org.uk)**

**f** @headwayuk   **t** @HeadwayUK   **ig** headway\_uk   **yt** headwayuk



**Headway – the brain injury association**

**[www.headway.org.uk](http://www.headway.org.uk)**

Registered with the Charity Commission for England and Wales (Charity No. 1025852)  
and the Office of the Scottish Charity Regulator (Charity No. SC 039992)